



# FITFEMALE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30 AM Pilates Diana	10:00 AM Aqua Diana		9:00 AM Yoga Reni	10:00 AM Aqua Donna	10:00 AM Zumba Sara	10:00 AM Yoga Pauline
6:00 PM Zumba Jacalyn	6:00 PM Weightloss Small Group* Diana		10:00 AM Aqua Jacalyn		10:30 AM Toning Sara	Club Hours Mon-Thurs 8am-8pm Friday 8am-5pm Sat-Sun  8am-12pm We are closed from 1pm-3pm Mon-Fri to sanitize
6:30 PM Booty Zone Jacalyn		6:00 PM Banging Booty Gigi	6:00 PM Weightloss Small Group* Jacalyn			
		6:30 PM Zumba Gigi				
	*Addition Cost					